The CARE Therapeutic Framework* is a comprehensive approach to supporting recovery from adversity among children who:

- Are in out-of-home care; or
- Have a disability; or
- Have a parent or parents with a mental illness and/or substance addiction; or
- Have experienced family conflict or breakdown.

*Care, C (2016), A Short Introduction to Attachment and Attachment Disorder (Second Edition), London: Jessica Kingsley Publishers

Help children overcome adversity and thrive!

- Grow therapeutic care environments that support a child's recovery from adverse childhood experiences
- Grow a common understanding, a common language, and a common approach
- Grow confident and competent carers and support professionals
- Grow independent problem-solving
- Grow service-wide fidelity and accountability

The CARE Therapeutic Framework is suitable for:

- Parents
- Foster and kinship carers
- Teachers and school personnel
- Professionals who support adults in a caregiving role

CARE is currently being implemented with South Australian Kinship Carers and the professionals who support them.

*Includes a self-care methodology for carers and professionals*

Contacts:

Worldwide: Colby Pearce – colby@securestart.com.au
Australia: Georgina Johnson – georgina@securestart.com.au

For more information visit: securestart.com.au