



The *CARE Therapeutic Framework*\* is a comprehensive approach to supporting recovery from adversity among children who:

- Are in out-of-home care; or
- Have a disability; or
- Have a parent or parents with a mental illness and/or substance addiction; or
- Have experienced family conflict or breakdown.

\* Pearce, C (2016), *A Short Introduction to Attachment and Attachment Disorder (Second Edition)*, London: Jessica Kingsley Publishers

## Help children overcome adversity and thrive!

- ❖ Grow therapeutic care environments that support a child's recovery from adverse childhood experiences
- ❖ Grow a common understanding, a common language, and a common approach
- ❖ Grow confident and competent carers and support professionals
- ❖ Grow independent problem-solving
- ❖ Grow service-wide fidelity and accountability

The CARE Therapeutic Framework is suitable for:

- ❖ Parents
- ❖ Foster and kinship carers
- ❖ Teachers and school personnel
- ❖ Professionals who support adults in a caregiving role

CARE is currently being implemented with South Australian Kinship Carers and the professionals who support them.



The Kinship CARE Project

C Consistency  
A Accessibility  
R Responsiveness  
E Emotional Connectedness

securestart.com.au

***Includes a self-care methodology for carers and professionals***

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