



The *CARE Therapeutic Framework** is a comprehensive approach to supporting recovery from adversity among children who:

- Are in out-of-home care; or
- Have a disability; or
- Have a parent or parents with a mental illness and/or substance addiction; or
- Have experienced family conflict or breakdown.

* Pearce, C (2016), *A Short Introduction to Attachment and Attachment Disorder (Second Edition)*, London: Jessica Kingsley Publishers

Help children overcome adversity and thrive!

CARE – a conceptual framework about the care of children derived from evidence-based psychological theories:

- C Consistency
- A Accessibility
- R Responsiveness
- E Emotional-Connectedness

The CARE Therapeutic Framework is suitable for:

- ❖ Parents
- ❖ Foster and kinship carers
- ❖ Teachers and school personnel
- ❖ Professionals who support adults in a caregiving role

CARE is currently being implemented with South Australian Kinship Carers and the professionals who support them.



The Kinship CARE Project

- C Consistency
- A Accessibility
- R Responsiveness
- E Emotional Connectedness

securestart.com.au

Includes a self-care methodology for carers and professionals

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