

## National psychology examination recommended reading list

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### July 2014 edition

Note: this reading list is recommended but not mandatory. It is provided as a guide to assist candidates preparing for the national psychology examination. The applied psychology field has many resources covering the curriculum domains, and there are many more of comparable quality and relevance as those in the list below. Candidates preparing for the national psychology examination should use their judgement about how to prepare for the examination and consult their supervisor in designing a plan of study based on the curriculum. The recommended reading list is organised below according to their relevance to curriculum domains and any particularly applicable sections of publications are highlighted.

The recommended reading list is updated from time to time as new editions, other journal articles, and improved monographs become available. Supervisors and examination candidates should check the website regularly. The Board is always happy to receive recommendations for additional reading material or to retire items from the list. Recommendations can be sent to:

[psychologychair@ahpra.gov.au](mailto:psychologychair@ahpra.gov.au).

For information on the curriculum, please see the Board's *National psychology examination curriculum*, published on its website [www.psychologyboard.gov.au](http://www.psychologyboard.gov.au)

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### All curriculum domains (ethics, assessment, intervention, communication)

Purdie, N, Dudgeon, P & Walker R (2010) *Working together: Aboriginal and Torres Strait Islander mental health and wellbeing principles and practice*. Australia: Commonwealth of Australia.

Healing Foundation: Glossary of Healing Terms (Aboriginal and Torres Strait Islander Healing)  
[http://healingfoundation.org.au/our-publications/?category\\_name=fact-sheets](http://healingfoundation.org.au/our-publications/?category_name=fact-sheets)

### Curriculum domains 1 (ethics) and 4 (communication)

Allan, A, & Love, A (2010) *Ethical practice in psychology: Reflections from the creators of the APS code of ethics*. UK: Wiley. [Particularly relevant: Chapters 10, 11]

Australian Psychological Society (2007) *Code of Ethics*  
<http://www.psychology.org.au/Assets/Files/APS-Code-of-Ethics.pdf>

APS Ethical Guidelines. <http://www.psychology.org.au/practitioner/essential/ethics/guidelines/>

Boyle, C. & Gamble, N., (2014). *Ethical Practice in Applied Psychology*. Melbourne: Oxford University Press.

Grenyer, B.F.S. and Lewis, K. (2012) Prevalence, prediction and prevention of psychologist misconduct. *Australian Psychologist*, 47, 68-76.

Elder abuse. [http://helpguide.org/mental/elder\\_abuse\\_physical\\_emotional\\_sexual\\_neglect.htm](http://helpguide.org/mental/elder_abuse_physical_emotional_sexual_neglect.htm) and <http://www.eapu.com.au/ElderAbuse/Intervention.aspx>

- Health Practitioner Regulation National Law Act 2009*. Particularly relevant: Part 7: Registration of health practitioners, Part 8: Health, performance and conduct.  
<http://www.ahpra.gov.au/Legislation-and-Publications/Legislation.aspx>
- Kämpf, A., McSherry, B., Ogloff, J., & Rothschild, A. (2009). Confidentiality for mental health professionals: A guide to ethical and legal principles. Bowen Hills: Australian Academic Press. Particularly relevant: Chapter 1 and 7.
- Kämpf, A., McSherry, B., Ogloff, J., & Rothschild, A. (2009). Confidentiality for mental health professionals: A guide to ethical and legal principles. Bowen Hills: Australian Academic Press. Particularly relevant: Chapter 1 and 7.
- Kennedy, R. (2008). *Allied Health Professionals and the Law*. Sydney: Federation Press. Particularly relevant - Chapter 6, 9, 10, 11, 12.
- Kennedy, R., Richards, J., Leiman, T. (2013). *Integrating human service law, ethics and practice* (3rd Ed). South Melbourne: Oxford University Press.
- Lichtenberger, E. O., Mather, N., Kaufman, N. L., & Kaufman, A. S. (2004). *Essentials of assessment report writing*. New Jersey: John Wiley & Sons, Inc.
- Morrissey, S., & Reddy, P. (2006). *Ethics and professional practice for psychologists*. Australia: Thomson Social Science Press. Particularly relevant: Chapter 1, 3, 7 - 9, 11 - 14.
- Psychology Board of Australia (PsyBA) Standards and Guidelines. Particularly relevant: *Guidelines for Mandatory Notifications; Guidelines on continuing professional development; Guidelines for Advertising; General registration standard; Provisional registration standard; Professional indemnity insurance arrangements registration standard; Recency of practice registration standard*. <http://www.psychologyboard.gov.au/>
- Victims of Crime. <http://www.nswcccl.org.au/issues/victims.php>

## **Curriculum domains 2 (assessment) and 3 (intervention)**

- Candidates should refer to the Test Publisher's manuals for the relevant tests.
- American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders* (5th ed; DSM-5). Washington, DC: Authors.
- Andrews, G., & Slade, T. (2001). Interpreting scores on the Kessler Psychological Distress Scale (K10). *Australian and New Zealand Journal of Public Health*, 25(6), 494-497.
- Babor, T.F., Higgins-Biddle, J.C., Saunders, J.B., Monteiro, M.G. (2001). *The Alcohol Use Disorders Identification Test (AUDIT): Guidelines for Use in Primary Care* (2nd Ed). Geneva: World Health Organisation. Downloaded 23/5/2013 from [http://whqlibdoc.who.int/hq/2001/who\\_msd\\_msb\\_01.6a.pdf](http://whqlibdoc.who.int/hq/2001/who_msd_msb_01.6a.pdf)
- Barkham, M., & Mellor-Clark, J. (2003). Bridging evidence-based practice and practice-based evidence: Developing a rigorous and relevant knowledge for the psychological therapies. *Clinical Psychology and Psychotherapy*, 10, 319–327.
- Bringhurst, D. L., Watson, C. W., Miller, S. D., & Duncan, B. L. (2006). The Reliability and Validity of the Outcome Rating Scale: A replication study of a brief clinical measure. *Journal of Brief Therapy*, 5(1), 23-30. <http://scottdmiller.com/scholarly-publications-handouts-vitae/>.
- Campbell, A. & Hemsley, S. (2009). Outcome Rating Scale and Session Rating Scale in psychological practice: Clinical utility of ultra-brief measures, *Clinical Psychologist*, 13(1), 1-9.
- Cooper, J.O., Herron, T.E., & Heward, W.L. (2007). *Applied behavior analysis* (2nd Ed). New Jersey: Pearson. Particularly relevant: Chapter 2 Basic concepts (p. 24-46) and Chapter 24 Functional behavior assessment (p. 500-524).
- Cormier, S., P. & Nurius, et al. (2009). *Interviewing and change strategies for helpers: Fundamental skills and cognitive behavioral interventions* (6th ed.). USA: Brooks/Cole, Cengage Learning.
- Crawford, J., Cayley, C., Lovibond, P.F., Wilson, P.H., & Hartley, C. (2011). Percentile norms and accompanying interval estimates from an Australian general adult population sample for self-report mood scales (BAI, BDI, CRS-D, CES-D, DASS, DASS-21, STAI-X, STAI-Y, SRDS, and SRAS). *Australian Psychologist*, 46, 3-14.

- Dewan, M. J., Steenbarger, B. N., & Greenberg, R. P. (2004). The art and science of brief psychotherapies: A practitioner's guide. VA: American Psychiatric Publishing, Inc. Particularly relevant: Chapter 2 - 7, 10.
- Teyber, E., & Holmes McClure, F. (2011). Interpersonal process in therapy: An integrative model (6th ed.). USA: Cengage. Particularly relevant: Chapter 2, 3, 6, 9, 10.
- Flanagan, D. P., & Kaufman, A. S. (2009). Essentials of WISC-IV assessment (2<sup>nd</sup> ed.). New Jersey: Wiley.
- Folstein, M. F., Folstein, S. E., & McHugh, P. R. (1975). "Mini-mental state," a practical method for grading the cognitive state of patients for the clinician. *Journal of Psychiatric Research*, 12, 189-198.
- Furukawa, T. A., Kessler, R. C., Slade, T., & Andrews, G. (2003). The performance of the K6 and K10 screening scales for psychological distress in the Australian National Survey of Mental Health and Well-Being. *Psychological Medicine*, 33, 357-362.
- Groth-Marnat, G. (2009). Handbook of psychological assessment (5th ed.). New Jersey: Wiley. Particularly relevant: Chapter 1 - 7 and 13 - 15.
- Hawes D.J., & Dadds M.R. (2004). Australian data and psychometric properties of the Strengths and Difficulties Questionnaire. *Australian and New Zealand Journal of Psychiatry*, 38, 644-651.
- K-10 information. <http://www.workcover.com/public/download.aspx?id=791>;  
<http://www.abs.gov.au/ausstats/abs@.nsf/mf/4817.0.55.001#3.%20Scoring%20the%20K10>  
[http://www.hcp.med.harvard.edu/ncs/k6\\_scales.php](http://www.hcp.med.harvard.edu/ncs/k6_scales.php)  
<http://www.workcover.com/health-provider/outcome-evaluation/links-to-outcome-measures-and-screening-tools>
- Kessler, R. C., Andrews, G., Colpe, L.J., Hiripi, E., Mroczek, D. K., Normand, S. L. T., Walters, E. E., & Zaslavsky, A. M. (2002). Short screening scales to monitor population prevalences and trends in non-specific psychological distress. *Psychological Medicine*, 32, 959-976.
- Kessler, R. C., Barker, P. R., Colpe, L. J., Epstein, J. F., Gfroerer, J. C., Hiripi, E., et al. (2003). Screening for serious mental illness in the general population. *Archives of General Psychiatry*, 60(2), 184-189.
- Leahy, R. L., Holland, S. J., & McGinn, L. K. (2012). Treatment plans and interventions for depression and anxiety disorders (2<sup>nd</sup> ed.). New York: The Guilford Press.
- Lichtenberger, E. O. & Kaufman, A. S. (2009). Essentials of WAIS-IV assessment. New Jersey: Wiley. LIFE Suicide Prevention Website. <http://www.livingisforeveryone.com.au/>
- Lovibond, S. H., & Lovibond, P.F. (1995). Manual for the Depression Anxiety Stress Scales (2nd ed.). NSW: Psychology Foundation Monograph. <http://www2.psy.unsw.edu.au/groups/dass/>
- Mathai, J., Anderson, P., & Bourne, A. (2003). Use of the Strengths and Difficulties Questionnaire as an outcome measure in a child and adolescent mental health service. *Australasian Psychiatry*, 11, 334-337.
- Mental Health Professional Development Resource: <http://www.mhpod.gov.au>
- Mental Status Exam  
 Brain Calipers website: [http://www.psychler.com/images/Brain\\_Calipers.pdf](http://www.psychler.com/images/Brain_Calipers.pdf)  
<http://aitlvideo.uc.edu/aitl/MSE/MSEkm.swf>  
[http://www.rch.org.au/clinicalguide/guideline\\_index/Mental\\_State\\_Examination/](http://www.rch.org.au/clinicalguide/guideline_index/Mental_State_Examination/)
- Mellor, D. (2005). Normative data for the Strengths and Difficulties Questionnaire in Australia. *Australian Psychologist*, 40, 215-222.
- Miller, S. D., Duncan, B. L., Brown J., Sparks, J. A., & Claud, D. A. (2003). The Outcome Rating Scale: A preliminary study of the reliability, validity and feasibility of brief visual analogue measure. *Journal of Brief Therapy*, 2(2), 91-100.
- Morey, L. C. (2003). Essentials of PAI Assessment. New Jersey: Wiley.
- NSW Health (2004). Suicide Risk Assessment and Management Protocols: Community Mental Health Service. [http://www.health.nsw.gov.au/pubs/2004/pdf/community\\_mental\\_hlt.pdf](http://www.health.nsw.gov.au/pubs/2004/pdf/community_mental_hlt.pdf)

- O'Donovan A, Casey L, van der Veen M, Boschen B (2013) Psychotherapy - An Australian Perspective. East Hawthorn Victoria: IP Communications.
- PHQ-9 Patient Health Questionnaire: <http://www.phqscreeners.com/overview.aspx>
- Pearce, C (2009) A short introduction to attachment and attachment disorder. London: Jessica Kingsley Publishers.
- Preston, J. & Johnson, J. (2011). Clinical psychopharmacology (made ridiculously simple). (7th Ed) Florida: MedMaster.
- Rudd, M. D. (2006). The assessment and management of suicide. USA: Professional Resource Press.
- Shedler, J. (2010). The efficacy of psychodynamic psychotherapy. American Psychologist, 65(2), 98-109.
- Strengths and Difficulties Questionnaire. <http://www.sdqinfo.org/>
- Snaith, R. P. (2003). The hospital anxiety and depression scale. Health and Quality of Life Outcomes, 1(29) <http://www.hqlo.com/content/1/1/29>
- Thomas, J. C. & Hersen, M. (2011). Understanding research in clinical and counseling psychology (2<sup>nd</sup> ed.). New York: Routledge.
- Usher, K., Foster, K., & Bullock, S. (2008). Psychopharmacology for health professionals. NSW: Elsevier Australia.
- Zarit, S. H., & Zarit, J. M. (2006). Mental disorders in older adults: Fundamentals of assessment and treatment (2nd ed.). New York: Guilford Press. Particularly relevant: Chapter 2, 3, 7, 8.
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### **Publication dates of the reading list**

This is the July 2014 version of the recommended reading list. Previous editions of the recommended readings list were published in January 2012, July 2012 and December 2013.

### **New resources**

The following resource has been added since the last published version (December 2013) of the recommended reading list:

Boyle, C. & Gamble, N., (2014). *Ethical Practice in Applied Psychology*. Melbourne: Oxford University Press.

### **Retired resources**

The following are resources from previous versions of the recommended reading list that have been retired from the current list. These are provided to ensure continuity in the examination process. Please note they may still be useful even though they have been replaced by other resources.

Nelson-Jones, R. (2005). *Practical counselling and helping skills: Text and activities for the lifeskills counselling model* (5th ed.). London: SAGE Publications. [retired July 2012]

American Psychiatric Association. (2000). *Diagnostic and Statistical Manual of Mental Disorders* (4th ed., text revision). Washington, DC: Authors.